Thrivestry

17.1 Pacing Chart (b - Mortal Humans)

	I III I V C S C I Y															•
	Finish Time:		16	17	18	19	20	21	22	23	24	25	26	27	28	
	10 db snatch		27.4	29.1	30.9	32.6	34.3	36.0	37.7	39.4	41.1	42.9	44.6	46.3	48.0	
	10 burp box		73.1	77.7	82.3	86.9	91.4	96.0	100.6	105.1	109.7	114.3	118.9	123.4	128.0	
	_															
		10	0:27:26	0:29:09	0:30:51	0:32:34	0:34:17	0:36:00	0:37:43	0:39:26	0:41:09	0:42:51	0:44:34	0:46:17	0:48:00	Db Snatch
Round 1		15	2:17:09	2:25:43	2:34:17	2:42:51	2:51:26	3:00:00	3:08:34	3:17:09	3:25:43	3:34:17	3:42:51	3:51:26	4:00:00	Burpee
		20	3:12:00	3:24:00	3:36:00	3:48:00	4:00:00	4:12:00	4:24:00	4:36:00	4:48:00	5:00:00	5:12:00	5:24:00	5:36:00	Db Snatch
Round 2		15	5:01:43	5:20:34	5:39:26	5:58:17	6:17:09	6:36:00	6:54:51	7:13:43	7:32:34	7:51:26	8:10:17	8:29:09	8:48:00	Burpee
		30	6:24:00	6:48:00	7:12:00	7:36:00	8:00:00	8:24:00	8:48:00	9:12:00	9:36:00	10:00:00	10:24:00	10:48:00	11:12:00	Db Snatch
Round 3		15	8:13:43	8:44:34	9:15:26	9:46:17	10:17:09	10:48:00	11:18:51	11:49:43	12:20:34	12:51:26	13:22:17	13:53:09	14:24:00	Burpee
		40	10:03:26	10:41:09	11:18:51	11:56:34	12:34:17	13:12:00	13:49:43	14:27:26	15:05:09	15:42:51	16:20:34	16:58:17	17:36:00	Db Snatch
Round 4		15	11:53:09	12:37:43	13:22:17	14:06:51	14:51:26	15:36:00	16:20:34	17:05:09	17:49:43	18:34:17	19:18:51	20:03:26	20:48:00	Burpee
	1	10	12:20:34	13:06:51	13:53:09	14:39:26	15:25:43	16:12:00	16:58:17	17:44:34	18:30:51	19:17:09	20:03:26	20:49:43	21:36:00	Db Snatch
	2	10	12:48:00	13:36:00	14:24:00	15:12:00	16:00:00	16:48:00	17:36:00	18:24:00	19:12:00	20:00:00	20:48:00	21:36:00	22:24:00	Db Snatch
	3	10	13:15:26	14:05:09	14:54:51	15:44:34	16:34:17	17:24:00	18:13:43	19:03:26	19:53:09	20:42:51	21:32:34	22:22:17	23:12:00	Db Snatch
	4	10	13:42:51	14:34:17	15:25:43	16:17:09	17:08:34	18:00:00	18:51:26	19:42:51	20:34:17	21:25:43	22:17:09	23:08:34	24:00:00	Db Snatch
	5	10	14:10:17	15:03:26	15:56:34	16:49:43	17:42:51	18:36:00	19:29:09	20:22:17	21:15:26	22:08:34	23:01:43	23:54:51	24:48:00	Db Snatch
Round 5		15	16:00:00	17:00:00	18:00:00	19:00:00	20:00:00	21:00:00	22:00:00	23:00:00	24:00:00	25:00:00	26:00:00	27:00:00	28:00:00	Burpee

For Non-Completions - Time left to complete next movement

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ext movement:	1:24:00	0:30:51	0:17:09	0:06:51	0:42:51	0:41:09	3:01:43	2:24:00
Snatch Left	0	0	0	0	0	0	0	0
Burpee left	0	0	0	0	0	0	15	15
Snatch Left	0	0	10	20	40	50	50	50
Burpee left	15	15	15	15	15	15	15	15